



Step Into Better Foot Health - Every Month!

Pueblo Ankle & Foot Care is your monthly source for tips, news, and expert care. Check out our latest Newsletter!

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# Welcome

## Dr. Benjamin Suh

Pueblo Ankle and Foot Care is pleased to welcome Dr. Benjamin Suh, who will be joining the practice in July and transitioning to a full-time role on August 31, 2026.

Dr. Suh earned his Doctor of Podiatric Medicine degree from the New York College of Podiatric Medicine and completed his residency training at the DVA New York Harbor Healthcare System. He is board certified by both the American Board of Podiatric Surgery in Foot Surgery and the American Board of Podiatric Medicine.

Originally practicing in California, Dr. Suh is relocating to Colorado and brings extensive training and a commitment to providing high-quality foot and ankle care. He looks forward to serving the Pueblo community and helping patients maintain healthy, active lifestyles.

CommunityVotes Pueblo 2026 Platinum Winners

- FOOT CARE CLINIC
- PHYSICIANS AND SURGEONS
- CUSTOM FOOT ORTHOTICS
- PEDORTHICS AND ORTHOTICS
- HEALTHCARE WORKERS

We are proud to announce that we are **CommunityVotes Pueblo 2026 Platinum Winners!** Thank you to our amazing patients and community for your continued trust and support!

2026 Best of Pueblo Community's Choice Awards

We're excited to share that we have been named a finalist in the 2026 Best of Pueblo Community's Choice Awards!

Thanks to the support of our amazing patients, employees, and community, we have been nominated in the following categories:

- Podiatry Clinic
- Sports Medicine/Orthopedic Center
- Locally Owned Business
- Place to Work

Voting takes place August 3–17, 2026, and we would be honored to have your vote.

Every vote helps recognize the dedication of our team and the trust our community places in us each day.

VOTE NOW

FEATURED ARTICLES

Tips For Back-to-School Shoe Shopping

As summer winds down and the new school year approaches, many parents are busy checking supplies off their shopping lists. While backpacks, notebooks, and lunch boxes often get the most attention, one purchase can have a lasting impact on your child's health: a properly fitting pair of shoes.

Click Here to Read More

How Do I Know If I Should See a Podiatrist?

It's tempting to ignore foot pain and hope it goes away on its own. After all, many people assume sore feet are just part of a busy lifestyle. But ongoing pain, swelling, or changes in your feet aren't something you should live with.

Click Here to Read More

GOOGLE REVIEW

★★★★★

They made me feel very comfortable, that's says a lot coming from me as I'm not a fan of doctors and I have had exceptional care during each visit. I'm thankful they have taken great care of me. - E.S.

Great Customer service Very Friendly Staff - S.G.

MEET OUR DOCTORS

BENJAMIN MARBLE, DPM

ERIC LEWIS, DPM

SARAH THOMPSON, DPM

STEWART KITE, DPM

BENJAMIN SUH, DPM

Read More Here

From Our YouTube Channel:

Shoes for Kids

AUGUST Deal of the Month

BUY 1, GET 1 50% Off

SAVE \$25

EFFECTIVE TOPICAL ANTIFUNGAL TREATMENT FOR TOENAILS

FORMULA 7 THE SOLUTION

CN-U FUNGAL NAIL RENEWAL GEL



RECIPE OF THE MONTH

Grilled Steak & Strawberry Goat Cheese Salad with Vinaigrette

Click Here for the Full Recipe

Recipe courtesy of [fannetasticfood.com](#)

2025 THE OFFICIAL'S CHOICE AWARDS Best of Pueblo WINNER

Did we make your feet happy?

We would love to hear all about it. Write a review to let us know how we made your feet happy?

CLICK HERE

We provide comprehensive medical and surgical care utilizing evidence based therapies for all ankle and foot ailments.

PUEBLO WEST OFFICE  
323 S PURCELL BLVD  
PUEBLO, CO 81003  
(719) 543-2476 - PUEBLOANKLEANDFOOT.COM

YOUR AUGUST CALENDAR HIGHLIGHTS

**August 1 — The first US Census is completed (1790):** There were four million people in the US in 1790. Today's population is approximately 349 million.

**August 12 — Annual Perseid Meteor Shower – Peak Night:** During this meteor shower, the "shooting stars" you see are caused by tiny grains of space dust—often no larger than a grain of sand!

**August 12 — Henry Ford built the first Model T, (1908):** The original Ford Model T lacked a speedometer, and it wasn't strictly black—early releases were offered in red, green, and blue.

**August 15-17 — Woodstock Music Festival (1969):** Woodstock drew over 400,000 attendees to a dairy farm in Bethel, New York.

**August 26 — Women's Equality Day:** U.S. Congress passes the 19th Amendment to the Constitution (1920), granting women the right to vote.

**August 27 — International Lottery Day:** Americans spend over \$109 billion annually on lottery tickets, reaching a historic peak of \$109.38 billion recently.

Phone: (719) 543-2476  
Fax: (719) 543-2479  
[www.puebloankleandfoot.com](http://www.puebloankleandfoot.com)

REQUEST AN APPOINTMENT TODAY!

Our Offices:

Pueblo Colorado  
1619 North Greenwood St. #300  
Pueblo, CO 81003

Pueblo West  
323 S Purcell Blvd  
Pueblo West, CO 81007

CONTACT US →

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MARKETING