



Chart # \_\_\_\_\_

Name: \_\_\_\_\_ DOB: \_\_\_\_\_  
 Email: \_\_\_\_\_ SSN: \_\_\_\_\_  
 Sex: M F Marital Status: Single Married Widowed Divorced

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Home#: \_\_\_\_\_ Cell#: \_\_\_\_\_ Other#: \_\_\_\_\_  
**Ethnicity:** Hispanic/Latino Not Hispanic/Latino Declined to Specify  
**Race:** American Indian or Alaska Native Asian Black or African American  
Native Hawaiian or other Pacific Islander White Declined to Specify  
 Primary Care Doctor: \_\_\_\_\_ Date Last Seen: \_\_\_\_\_  
 Other Medical Provider(s): \_\_\_\_\_ Date Last Seen: \_\_\_\_\_  
 Phone#(s): \_\_\_\_\_ Address(es): \_\_\_\_\_

**Insurance Information**

Primary Insurance: \_\_\_\_\_ Policy ID: \_\_\_\_\_ Group ID: \_\_\_\_\_  
 Are you the subscriber? Yes No Subscriber Name: \_\_\_\_\_  
 Employer: \_\_\_\_\_ Address: \_\_\_\_\_ Phone #: \_\_\_\_\_  
 Relationship to subscriber: Spouse Child Self other Sex: Male Female DOB: \_\_\_/\_\_\_/\_\_\_  
 Phone #: \_\_\_\_\_ Address: \_\_\_\_\_  
 Secondary Insurance: \_\_\_\_\_ Policy ID: \_\_\_\_\_ Group ID: \_\_\_\_\_  
 Are you the subscriber? Yes No Subscriber Name: \_\_\_\_\_  
 Employer: \_\_\_\_\_ Address: \_\_\_\_\_ Phone #: \_\_\_\_\_  
 Relationship to subscriber: Spouse Child Self other Sex: Male Female DOB: \_\_\_/\_\_\_/\_\_\_  
 Phone #: \_\_\_\_\_ Address: \_\_\_\_\_

**How did you hear about Pueblo Ankle and Foot Care?** Phone book Letter Quality Connections Event Spirit of Women Health Fair Friend/Family Member Other(specify): \_\_\_\_\_

Our Website Google Online listing, please specify site (FB, Healthgrades etc): \_\_\_\_\_

Physician/Referral & Name of the Doctor: \_\_\_\_\_

Who may we thank for referring you to our practice? \_\_\_\_\_

Please give us phone # & address for friend/family referral: \_\_\_\_\_

**Please read and sign**

The above information is correct to the best of my knowledge. I understand that throughout my treatment, I am responsible for notifying the physician and/or medical staff of any and all updates to the information listed above.

(Release of Information): I authorize the release of any medical information necessary to process this claim.

(HIPPA Privacy): I acknowledge that I received my HIPPA Privacy Practices Notice. (Medication History): I authorize the Doctor's office to retrieve my medication history.

Patient/responsible party signature: \_\_\_\_\_ Date: \_\_\_\_\_

Patient/responsible party name: \_\_\_\_\_



Name: \_\_\_\_\_ DOB: \_\_\_\_\_

**HIPAA (Privacy Act)**

Do you want to be exempt from public reporting? Yes No  
 Can we send mail to the address on file? Yes No  
 Can we call the phone number on file? Yes No  
 Can we leave voice mail on machine? Yes No  
 Will you allow us to send internet based (e-mail) delivery of reminders and newsletters? Yes No  
 Will you allow us to send text delivery of reminders? Yes No Preferred cell number: \_\_\_\_\_  
 Will you allow electronic access to the patient portal? Yes No  
 Next of kin: \_\_\_\_\_ Relationship: \_\_\_\_\_ POA: Yes No  
 Emergency Contact: \_\_\_\_\_ Phone number: \_\_\_\_\_ Relationship: \_\_\_\_\_  
 Who can we leave messages with? Wife Husband Daughter Son  
Other: \_\_\_\_\_ Name(s): \_\_\_\_\_

**History & Physical**

What is the reason for your visit today? \_\_\_\_\_  
 \_\_\_\_\_  
 Please indicate Right Left or Both and location Ankle(s) Foot(feet) Toe(s) Toenail(s) Other  
 Was this due to an injury Yes No Date of Injury \_\_\_\_ / \_\_\_\_ / \_\_\_\_  
 Where did the injury occur? Auto accident Home Other Work  
 How long has this bothered you? 1 2 3 4 5 6 7 8 9 10 days weeks months years  
 What treatments have you tried & have they been effective? \_\_\_\_\_  
 \_\_\_\_\_  
 On a scale of 1-10 (1 being no pain and 10 being the worst) what is your level of pain? \_\_\_\_/10  
 The pain quality is burning constant dull sharp shooting throbbing tingling other: \_\_\_\_\_

**History & Physical**

<input type="checkbox"/> Liver	<input type="checkbox"/> Sleep Apnea	<input type="checkbox"/> Thyroid	<input type="checkbox"/> Heart Disease	<input type="checkbox"/> Skin Disorder
<input type="checkbox"/> Heart Murmur	<input type="checkbox"/> Stomach Disorder	<input type="checkbox"/> Circulation	<input type="checkbox"/> Mental Illness	<input type="checkbox"/> Difficulty Breathing
<input type="checkbox"/> Blood Clot	<input type="checkbox"/> High Cholesterol	<input type="checkbox"/> Allergies	<input type="checkbox"/> Cancer	<input type="checkbox"/> Asthma
<input type="checkbox"/> Neuropathy	<input type="checkbox"/> Blood Disorder	<input type="checkbox"/> Anxiety Disorder	<input type="checkbox"/> Diabetes Type1	<input type="checkbox"/> Kidney Disease
<input type="checkbox"/> Arthritis	<input type="checkbox"/> Gout	<input type="checkbox"/> High Blood Pressure	<input type="checkbox"/> Diabetes Type2	<input type="checkbox"/> Hepatitis
<input type="checkbox"/> Alcoholism	<input type="checkbox"/> Depression	<input type="checkbox"/> Musculoskeletal	<input type="checkbox"/> HIV	<input type="checkbox"/> CVA
Other (specify): _____				<input type="checkbox"/> Stroke

Are you pregnant? Yes or No    Are you nursing? Yes or No



Name: \_\_\_\_\_ DOB: \_\_\_\_\_

**Surgical History**

None Angioplasty Appendectomy By-pass Cataracts C-Section Cholecystectomy(gallbladder)  
Other Surgeries (*specify*): \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
Have you ever had any surgical procedures on foot/ankle? Yes/No (*specify*): \_\_\_\_\_  
\_\_\_\_\_  
Do you have metal or medical devices in your body? Yes/No (*specify*): \_\_\_\_\_  
\_\_\_\_\_  
Any complications with anesthesia? Yes/No (*specify*): \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Social History**

Are you a current smoker? Yes/No/Never If yes, how many packs per day \_\_\_\_\_ or cigarettes a day \_\_\_\_\_?  
If a current/former smoker what year did you start: \_\_\_\_\_ if former what year did you quit: \_\_\_\_\_  
Do you drink alcohol? Yes, everyday Yes, occasionally/socially Yes, rarely No  
Do you smoke marijuana? Yes/No How often? \_\_\_\_\_  
Substance abuse problem? Yes/No (*specify*): \_\_\_\_\_  
What is your occupation? \_\_\_\_\_ Does it involve mostly standing or sitting?  
Do you exercise regularly? No/Yes, I do the following regular exercise: \_\_\_\_\_  
**What is your shoe size?** \_\_\_\_\_ **How tall are you?** \_\_\_\_\_ ' \_\_\_\_\_ " **How much do you weigh?** \_\_\_\_\_

**Family History**

Please list **biological** family health history including only parent(s), sibling(s) or child(children):

<input type="checkbox"/> Alzheimer's _____	<input type="checkbox"/> Cataracts _____	<input type="checkbox"/> Diabetes Type I or II _____
<input type="checkbox"/> Arthritis _____	<input type="checkbox"/> Circulation Disorder _____	<input type="checkbox"/> Emphysema _____
<input type="checkbox"/> Bleeding Disorder _____	<input type="checkbox"/> Other Circulation _____	<input type="checkbox"/> Heart Disease _____
<input type="checkbox"/> Blood Clot _____	<input type="checkbox"/> Dementia _____	<input type="checkbox"/> High Blood Pressure _____
<input type="checkbox"/> Cancer _____	<input type="checkbox"/> Depression _____	<input type="checkbox"/> Neurological _____
<input type="checkbox"/> Other _____	<input type="checkbox"/> Strokes _____	



# History & Physical Continued

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## Medications

### Current Medications

- Not currently taking medications
- I take the following medications
- I provided a list to the receptionist

### Allergies

- No known allergies
- No known drug allergies
- I provided a list to the receptionist

Name: _____	Name: _____	Reaction: _____
Name: _____	Name: _____	Reaction: _____
Name: _____	Name: _____	Reaction: _____
Name: _____	Name: _____	Reaction: _____
Name: _____	Name: _____	Reaction: _____
Name: _____	Name: _____	Reaction: _____
Name: _____	Name: _____	Reaction: _____
Name: _____	Name: _____	Reaction: _____

## Review of Systems

Cardiovascular:  **NONE**  Cold hands/feet  Congestive heart failure  Leg pain w/rest  Leg pain w/walking  
 Leg swelling  Pacemaker  Palpation's  Valve problems  Varicose veins  Vascular disease

Gastrointestinal:  **NONE**  Abdominal pain  Blood in stool  Constipation  Decrease appetite  Diarrhea  
 Heart burn  Increase appetite  Trouble swallowing  Ulcers  Vomiting

Genitourinary:  **NONE**  Blood in urine  Decrease frequency  Excessive urination  Hesitancy  
 Incontinence  Increased urgency  Kidney disease  Kidney stones

Hematologic:  **NONE**  Anemia  Blood thinners  Clotting disorders  Lower leg ulcers  
 Sickle cell disease

Integumentary:  **NONE**  Athletes foot  Dry, scaly skin  Eczema  Itchiness  Nail abnormalities  Keloid's

Musculoskeletal:  **NONE**  Arthritis  Back pain  Gout  Hip pain  Joint instability  Joint pain  
 Joint swelling  Knee pain  Muscle pain  Muscle weakness  Neck pain  Sciatica

Neurological:  **NONE**  Dizziness  Headaches  Numbness  Paralysis  Seizures  Tingling  Weakness

Respiratory:  **NONE**  Chest pain  COPD  Coughing  Emphysema  Shortness of breath  Snoring

## Fall Risk Assessment

Any falls in the past year?  Yes  No      If yes, how many? \_\_\_\_\_      If yes, any injury?  Yes  No